



You've GOT to Read This Book!

By Jack Canfield
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Introduction

Whether your reading group has been together for five months or five years, *You've GOT to Read This Book!* will add a new dimension to your discussions. Bestselling authors Jack Canfield and Gay Hendricks have collected essays from 55 leaders in the worlds of business, motivation, entertainment, and more about the book that transformed their lives; the book that helped shape them into who they are today. It's a powerful topic to discuss and a fascinating way to learn more about your reading group comrades.

As Jack and Gay say in their introductory essay: "We love books, and we bet you do, too. We especially love books that inspire, heal, and transform lives. It has been our long-held dream to put into your hands a work that carries the essence of what we believe to be most valuable about a book: its potential to change your life. This collection of stories is the fulfillment of that dream."

Take your reading group discussion in new directions with *You've GOT to Read This Book!* Delve deeper into the transforming power of books and you may be surprised at what you discover about your reading group friends and about yourself!

"Man's mind, once stretched by a new idea, never regains its original dimensions."—Oliver Wendell Holmes

Questions for Discussion

1. Which of the essays affected you the most? Could you relate to one of the books more than others? Did any author surprise you with his or her choice?
2. Two contributors selected Stephen Covey's *The 7 Habits of Highly Effective People* and discuss similar aspects but from very different points of view. Which resonated more with you and why?
3. Today's society has become dominated by visual media such as television and video games. Discuss the relevance of books today. Why are they still so important in your life and in the lives of others?
4. Discuss the last time two people in your group had completely opposite views on a book you read. What were the possible reasons for such disparate reactions?
5. How has reading changed your life? What was the first book you read that made you realize the power of books?
6. Which five books would you want with you if you found yourself stranded on a desert island?

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