



Christopher Moore

The Lust Lizard of Melancholy Cove
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And now, a few words from the author guy about . . .

The Lust Lizard of Melancholy Cove

Like most people, I woke up one day to find that everyone I knew was taking antidepressants, and since I wasn't, I figured that I must be the cause of their depression. Friends explained that I was paranoid, that everyone was on antidepressants - even people who didn't know me - and that I should just chill and get a prescription for Prozac or Zoloft or something.

So I thought, *Hey, if so many people are depressed, maybe depression is supposed to serve some purpose in the evolution of the human species.* (Like, keeping us from getting so cheerful that we forget to eat.) Or perhaps, like nearsightedness, depression is something that would have been "selected out" in the wild. (After all, saber-toothed tigers always ate the member of the tribe wearing the thick glasses.) And perhaps a predator had evolved that was specifically adapted to prey on the depressed (much as the saber-tooths adapted to feed on early nerds). And what if one of these predators still existed and was drawn to a small town where everyone had suddenly been taken off antidepressants? And what if his name was Steve?

Well, I'm sure you were thinking the same thing. So that's why I wrote this book for you.

Sincerely,

Christopher Moore