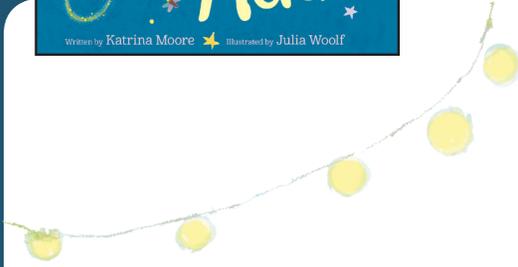


What if you can't hug?

Sometimes you cannot hug someone, even when you want to. How else can you say hello, or show them that you care?
In the space below, draw a picture to match the sentence showing what you can do when you can't hug someone that you want to.



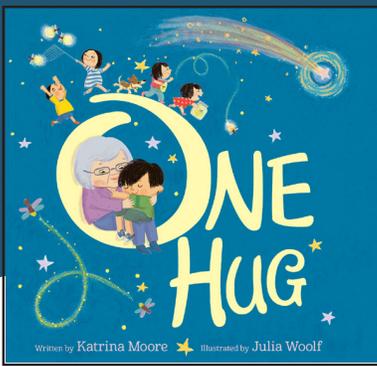
I can give an air hug!

I can give an elbow bump!

I can give an air high-five!

I can wave and say, "hello!"



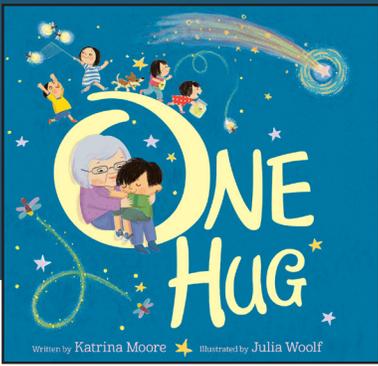


A Special Hug

One Hug shows different types of hugs that help a family share many special moments! When was a time that you shared a special hug with someone? In the space below, draw and write about a special hug you shared with someone.

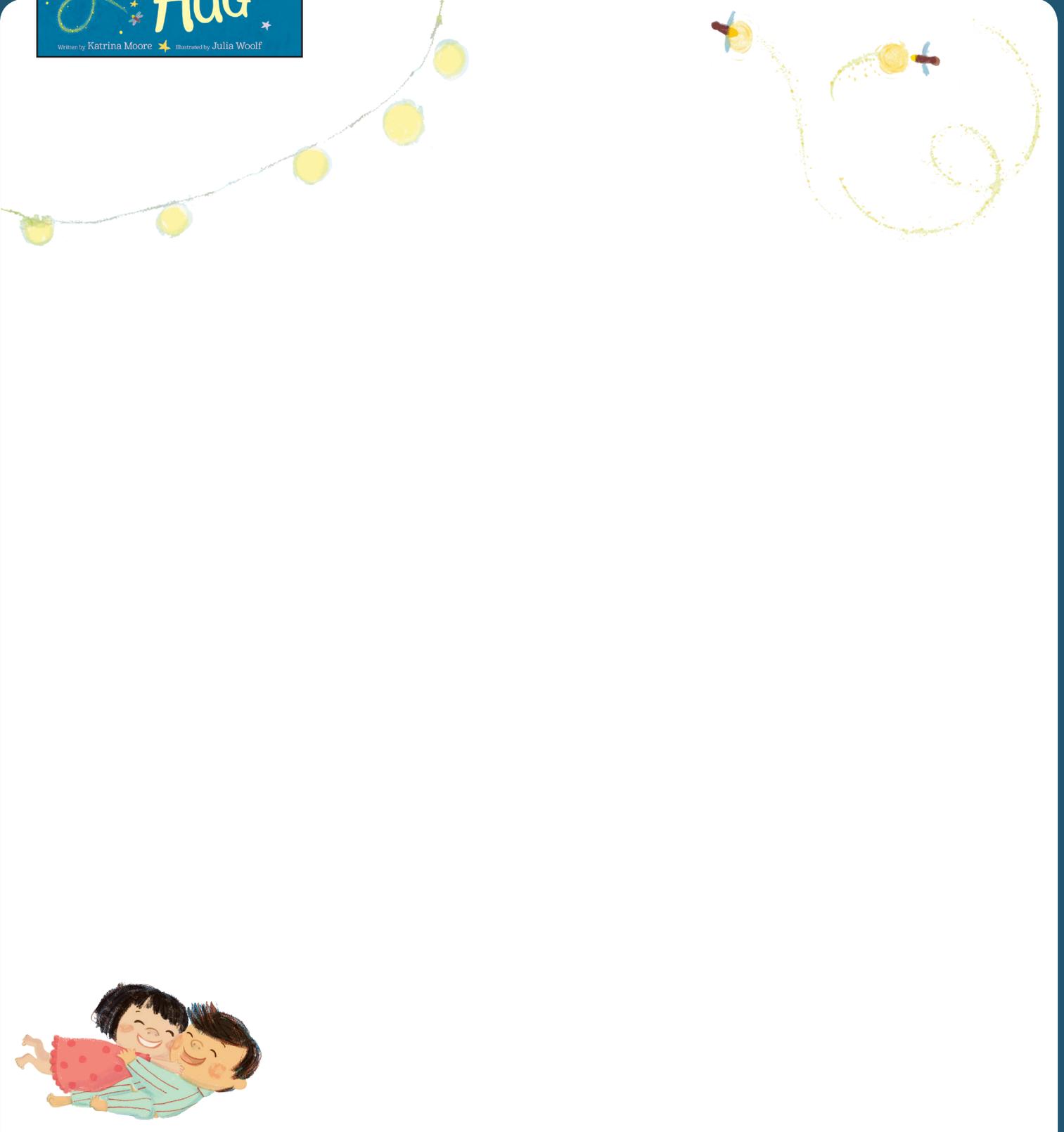


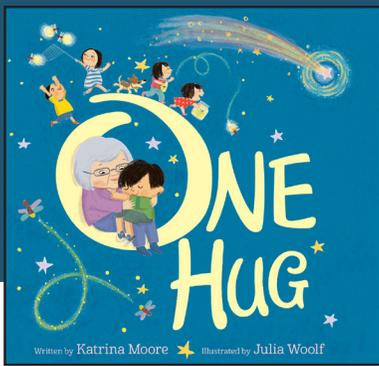




Who Do You Hug?

There are so many types of hugs—bear hugs, ticklish hugs, and hugs that whoosh you off the ground! In the space below, draw yourself giving someone you love your favorite kind of hug.





Match the Rhyme

One Hug is full of fun rhymes that show you all the different types of hugs! Match the words by drawing a line to connect the two rhyming words (like a hug!).

1. fro

2. ground

3. last

4. night

5. me

6. skies

a. around

b. tight

c. eyes

d. we

e. fast

f. go



ANSWER KEY: 1F, 2A, 3E, 4B, 5D, 6C