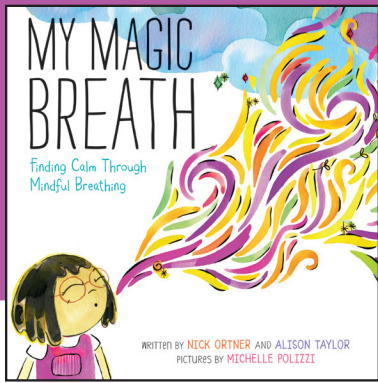


THINK HAPPY

Taking a deep breath and thinking of a happy memory can have a magical effect on your mood.

Think about a happy experience you have had. Where were you? Who were you with? What did you do? Using the space below, write a few lines and draw your happy memory.





CAN YOU FEEL IT?

My Magic Breath mentions many emotions, like sad, worried, calm, and happy. Use the blank faces below and draw an expression that matches each emotion.

