

## Set Your Own Records!

Set and break your own records below!

Keep track of your accomplishments.

Every time you break one, write
down your new date and time.

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## How fast can you run a mile?

Time:	Date:
Time:	Date:
Time:	Date:



## How fast can you drink a glass of water through a straw?

Time:	Date:
Time:	Date:
Time:	Date:



## How many books can you read in a month?

Amount:	Date:
Amount:	Date:
Amount:	Date:

Guinness World Records holders are truly amazing, but all attempts to set or break records are performed under controlled conditions and at the participant's own risk. Please seek out the appropriate guidance before you attempt any record-breaking activities.

What are you interested in achieving? Set your own records—and break them!



Visit www.icanread.com for more activities from your favorite books!